



MENU

FINE MEALS FRESHLY MADE

Beverages

Espresso	\$3.25
Cappuccino	\$4.00
Latte	\$4.25
Caffe Americano	\$3.25
Caffe Mocha	\$3.25
Tea	\$2.75
Soft Drinks	\$2.35
Soda	\$2.35
Bottled Water	\$1.25
Bottled Juices	\$3.00

Snacks

Potato Chips	\$1.50
Candy Bars	\$1.50
Granola Bars	\$1.50
Assorted Cakes, Cookies & Treats	\$5.00

Breakfast (all day)

Breakfast Burrito	\$12.95
<i>two eggs, black beans, peppers, onions, cheddar, pepper jack & avocado</i>	
Breakfast Muffin	\$4.95
<i>two eggs, cheddar, tomato on English muffin</i>	
Kale & Egg Cup	\$4.95
Granola Fruit Parfait	\$5.95
<i>with granola, seasonal fruit, Greek yogurt and honey</i>	
Fruit Salad	\$3.50
Muffins	\$3.00

Sandwiches

Lobster Roll	\$18.95
<i>on a bun with chips</i>	
Chicken Kale Wrap	\$9.95
<i>with avocado in spinach wrap</i>	
Apple & Grape Chicken Salad	\$9.95
<i>in whole wheat wrap</i>	
Ham & Brie	\$10.95
<i>with arugula & fig jam on sourdough</i>	
Tuscan Tuna Salad	\$10.95
<i>with arugula in whole wheat wrap</i>	
Chicken Bacon BBQ Panini	\$11.95
<i>chicken cutlet, bacon, BBQ sauce, and mozzarella cheese</i>	
Turkey Club Panini	\$11.95
<i>with roasted turkey, ham, hickory smoked bacon & pepper jack</i>	
Herb Grilled Chicken Panini	\$11.95
<i>with arugula and avocado</i>	
Grilled Vegetable Panini	\$10.95
<i>with mozzarella and pesto aioli</i>	
Cubano	\$11.95
<i>with Black Forest ham, fresh pork loin, pickles, mustard & Gruyere</i>	

Salad Entrées (add chicken \$2.50)

Arugula	\$10.95
<i>with dried cherries, endives, Kinkead cheese and roasted shallot vinaigrette</i>	
Baby Kale	\$10.95
<i>with chickpeas, orange, fennel, Parmesan cheese and lemon vinaigrette</i>	
Caesar (romaine)	\$10.95
<i>with grape tomatoes and Parmesan cheese</i>	

Salads & Sides (pre-packaged ½ lb)

Lentil Salad	\$7.00
<i>gluten-free, vegan</i>	
Farro	\$7.00
<i>with roasted tomato; vegan</i>	
Soba Noodle Salad	\$6.00
<i>with sesame seeds & julienne vegetables; vegan</i>	
Pasta Salad	\$4.00
<i>with grape tomatoes & fresh mozzarella</i>	
Pearl Couscous	\$6.00
<i>with vegetable Provençal; vegan</i>	
Corn & Black Bean Salad	\$5.00
<i>gluten-free, vegan</i>	
Apple & Grape Chicken Salad	\$7.00
<i>gluten-free</i>	
Tuscan Tuna Fish Salad	\$7.00
<i>gluten-free</i>	
German Potato Salad	\$3.50
<i>with smoked bacon</i>	
Spinach Ball with Parmesan	\$2.50
Soup of the Day	\$5.95
Entrées	
Turkey Chili	\$12.95
<i>gluten-free</i>	
Lemon-Thyme Chicken Breast	\$8.95
<i>gluten-free</i>	
Tofu Napoleon	\$8.95
<i>gluten-free, vegan</i>	
Pasta Bolognese	\$10.95

Kid's Meals

(pre-packaged; includes Entrée, Carrots, Juice Box and Chocolate Chip Cookie) **\$8.95**

Choice of Entrée: Panko Crusted Chicken Tenders • Turkey Chili • Mac 'n Cheese • Pasta Bolognese